

Job Posting

Rehabilitation Worker

Full-time, regular

The Canadian Mental Health Association Manitoba and Winnipeg is part of a 100-year-old nation-wide non-profit organization that promotes the mental health of Canadians and supports the resilience and recovery of people experiencing mental illness.

CMHA Manitoba and Winnipeg is committed to our workforce reflecting the diversity of the communities within which we work. As such, we encourage applications from persons with disabilities, members of visible minorities, First Nations, Inuit, and Métis people, people of all sexual orientations and genders, and others who may contribute to the diversity of our staff. Personal experience with mental illness and or addiction, either through self or a loved one, is an asset.

The Opportunity

We have one full-time regular Rehabilitation Worker position available in CMHA's Rehabilitation and Recovery Services program. As part of our mission, we deliver a comprehensive recovery-oriented, strength-based, and person-centred supports and services to individuals with mental illness.

The Position

The Rehabilitation Worker supports individuals experiencing mental illness, addictions, and homelessness by developing personalized plans, using evidence-based approaches, fostering community partnerships, and helping them choose, get, and keep meaningful roles and skills for success and satisfaction in their chosen environment. A full job description is available on request.

The hourly rate for this position falls within Band 5 of the Collective Agreement, ranging from **\$27.20 to \$33.09** per hour, based on a 35-hour workweek. Hours may be adjusted to include evenings and weekends when necessary.

The Qualifications

Required

- Completed 3-year post-secondary human service degree. Equivalent education and experience may be considered.
- Two years' experience in a community-based social service setting (mental health, addiction, housing).
- Knowledge of issues related to poverty, homelessness, mental health, addictions, recovery and related systems and community services.
- Understanding of Impact of stigma, trauma, colonization and cultural healing practices.

- Clinical assessment and case management skills.
- Effective communication skills.
- Demonstrates cultural safety and works effectively with individuals with various backgrounds.
- Presentation and facilitation skills. Tailor and present content to diverse audiences.
- Provided criminal record check with vulnerable sector search and both an adult and child abuse registry check, with results deemed satisfactory to the CMHA.
- Legally entitled to work in Canada.
- Proven history of dependable performance and conduct.

Preferred

- Willingness to acquire the Certified Psychosocial Rehabilitation and recovery Designation (CPRRP)
- Applied Suicide Intervention Skills Training (ASIST), Cognitive Behaviour Therapy (CBT)
- Experience with Motivational Interviewing, Stages of Change, Housing First, Harm Reduction, Psychosocial Rehabilitation, community engagement and outreach.
- Time management, assisting, problem-solving, and advocacy skills
- Valid Class 5 driver's license and access to a reliable, Manitoba registered vehicle.

Total Rewards

CMHA offers an inclusive and respectful culture along with paid leaves for vacation, illness, bereavement, and mental health. A flexible working environment, supporting work life balance, with paid extended health, dental, employee assistance programming and life insurance benefits. A defined benefits pension plan is equally cost shared between CMHA and the employee, longterm disability is 100% employee paid, when eligible. There is annual, budgeted support for professional development. Employees enjoy 12 paid general (statutory) holidays per year as well as a paid closure between December 24th at noon up to and including January 1st.

The Process

Please submit your resume and a cover letter **by noon on August 7, 2026**, indicating Competition Number **26-067** to careers@cmhawpg.mb.ca. CMHA will respond to requests for reasonable accommodations throughout the selection process. Please connect if you require any accommodations.

VALUES

Work hard to listen | Support one another | Create strong connections | Be curious
| Discover better ways | Focus on impact | Serve with passion | Embrace IDEA – Inclusion,
Diversity, Equity, Accessibility | Honour lived experience | Believe it's possible