

Job Posting

Recovery Navigation Specialist

Full-time, Term (3 months)

The Canadian Mental Health Association Manitoba and Winnipeg is part of a 100-year-old nation-wide non-profit organization that promotes the mental health of Canadians and supports the resilience and recovery of people experiencing mental illness.

The Opportunity

We have a **full-time, 3-month term** position, with the possibility of extension, available for a **Recovery Navigation Specialist** to work within CMHA's **Service Navigation HUB**. The Service Navigation HUB supports Manitobans navigating complex systems of care who are looking to find information on available mental health resources and supports for themselves or a loved one. Our participants may have lived experience with mental illness, addictions, stigma, and discrimination, including racialized and gender-diverse populations as well as their supports.

The Position

The Recovery Navigation Specialist connects individuals and families to mental health and addiction services, conducts assessments, provides interim support, and facilitates service navigation, community outreach, and education within a collaborative, community-focused framework. Observing best practices in privacy, trauma informed approaches, person-centred care and value alignment with CMHA Manitoba and Winnipeg. A full job description is available on request.

The hourly rate for this position falls within Band 5 of the Collective Agreement, ranging from **\$27.20** to **\$33.09** per hour, based on a 35-hour workweek. Hours may be adjusted to include evenings and weekends when necessary.

The Qualifications Required

- 3-year post-secondary degree in a human service- related discipline such as social work, psychology, or nursing. Equivalent education and experience may be considered.
- Two years' experience in a community-based social service setting (mental health, addiction, housing). Knowledge of the impact of issues related to poverty, homelessness, mental illness, addictions, recovery, mental health, stigma.
- Knowledge of related systems and community resources.
- Familiarity with MS Office.
- Clinical assessment, counselling, and effective communication skills.
- Demonstrated cultural safety and efficiency in working with individuals with various backgrounds.
- Satisfactory criminal record check, vulnerable sector check and abuse registries
- Legally entitled to work in Canada
- Acceptable work record

Preferred

- Aptitude for assisting, problem-solving, advocacy, and time management skills
- Eligible for registration in your professional designation
- Experience working in a multidisciplinary team.
- Experience with community engagement and outreach.
- Knowledge of Indigenous experiences of trauma, colonization, and cultural healing practices and resources.
- Knowledge of approaches such as Housing First, Harm Reduction, Psychosocial Rehabilitation, Stages of Change, and Motivational Interviewing,
- Valid Class 5 driver's license and access to a reliable, Manitoba registered vehicle.

Total Rewards

CMHA offers an inclusive and respectful culture along with paid leaves for vacation, illness, bereavement, and mental health. A flexible working environment, supporting work life balance, with paid extended health, dental, employee assistance programming and life insurance benefits. A defined benefits pension plan is equally cost shared between CMHA and the employee, long term disability is 100% employee paid, when eligible. There is annual, budgeted support for professional development. Employees enjoy 12 paid general (statutory) holidays per year as well as a paid closure between December 24th at noon up to and including January 1st.

The Process

Please submit your resume and a cover letter by **July 29, 2026**, indicating Competition Number **26-066** to careers@cmhawpg.mb.ca

CMHA will respond to requests for reasonable accommodations throughout the selection process. Please connect if you require any accommodations.

CMHA Manitoba and Winnipeg is committed to our workforce reflecting the diversity of the communities within which we work. As such, we encourage applications from persons with disabilities, members of visible minorities, First Nations, Inuit, and Métis people, people of all sexual orientations and genders, and others who may contribute to the diversity of our staff. Personal experience with mental illness and or addiction, either through self or a loved one, is an asset.

VALUES

Work hard to listen | Support one another | Create strong connections | Be curious | Discover better ways | Focus on impact | Serve with passion | Embrace IDEA – Inclusion, Diversity, Equity, Accessibility | Honour lived experience | Believe it's possible