

Job Posting
Rehabilitation Worker
Full-Time, Regular
Work Location: 435 Main Street, Selkirk MB

The Canadian Mental Health Association Manitoba and Winnipeg is part of a 100-year-old nation-wide non-profit organization that promotes the mental health of Canadians and supports the resilience and recovery of people experiencing mental illness.

CMHA Manitoba and Winnipeg is committed to our workforce reflecting the diversity of the communities within which we work. As such, we encourage applications from persons with disabilities, members of visible minorities, First Nations, Inuit, and Métis people, people of all sexual orientations and genders, and others who may contribute to the diversity of our staff. Personal experience with mental illness and or addiction, either through self or a loved one, is an asset.

The Opportunity

We have one (1) full-time, regular position available for a qualified Rehabilitation Worker within CMHA's Interlake Eastern office located in Selkirk, MB. Our program assists individuals with mental illness to identify, obtain, and maintain, valued roles in the community such as employee, tenant, and/or student. Our participants have lived experience with mental health, addictions, stigma, and discrimination, including racialized and gender-diverse populations.

The Position

The Rehabilitation Worker supports individuals experiencing mental illness, addictions, and homelessness, by developing personalized plans, using evidence-based approaches, fostering community partnerships, and helping them identify, obtain, and maintain, meaningful roles and skills for success and satisfaction in their chosen environment. A full job description is available on request.

The hourly rate for this position falls within Band 5 of the Collective Agreement (CUPE), ranging from **\$27.20** to **\$33.09** per hour, for 35 hours of work per week. Hours may be adjusted to include evenings and weekends if/when necessary.

The Qualifications

Required

- Completed 3-year post-secondary degree in Human Services. Equivalent education and experience may be considered.
- Two years' experience in a community-based social service setting (mental health, addictions, housing).
- Knowledge of issues related to poverty, homelessness, mental health, addictions, recovery, and related systems and community services.
- Understanding of the impact of stigma and trauma.
- Familiar with MS Office.
- Experience conducting clinical assessments and demonstrated counselling skills.

- Effective communication skills.
- Demonstrates cultural safety and works effectively with individuals of various backgrounds.
- Presentation and facilitation skills. Able to tailor and present program information to public and professional audiences.
- Criminal record check, with vulnerable sector check and abuse registries, satisfactory to the employer.
- Legally entitled to work in Canada
- Work performance record satisfactory to the employer.

Preferred

- Willingness to acquire the Certified Psychosocial Rehabilitation and recovery Designation (CPRRP).
- Previously completed Applied Suicide Intervention Skills Training (ASIST) and Cognitive Behaviour Therapy (CBT) training.
- Experience with Motivational Interviewing, Stages of Change.
- Experience with community engagement and outreach.
- Knowledge of Housing First, Harm Reduction, Psychosocial Rehabilitation, Stages of Change.
- Knowledge of Indigenous experiences of trauma, colonization, and cultural healing practices and resources.
- Familiar with case work software (Caseworks).
- Time management, assisting, problem-solving, and advocacy skills.
- Case management skills.
- Valid Class 5 driver's license and access to a reliable, Manitoba registered vehicle.

Total Rewards

CMHA offers an inclusive and respectful culture along with paid leaves for vacation, illness, bereavement, and mental health. A flexible working environment, supporting work life balance, with paid extended health, dental, employee assistance programming and life insurance benefits. A defined benefits pension plan is equally cost shared between CMHA and the employee, long term disability is 100% employee paid, when eligible. There is annual, budgeted support for professional development. Employees enjoy 12 paid general (statutory) holidays per year as well as a paid closure between December 24th at noon up to and including January 1st.

The Process

Please submit your resume and a cover letter, indicating Competition Number **26-031** to careers@cmhawpg.mb.ca. Position is open until filled.

CMHA will respond to requests for reasonable accommodations throughout the selection process. Please connect if you require any accommodations.

VALUES

Work hard to listen | Support one another | Create strong connections | Be curious | Discover better ways | Focus on impact | Serve with passion | Embrace IDEA – Inclusion, Diversity, Equity, Accessibility | Honour lived experience | Believe it's possible