



Canadian Mental
Health Association
Manitoba and Winnipeg
Mental health for all

Schedule “A”

PROXY

Canadian Mental Health Association Manitoba and Winnipeg

Annual General Meeting
June 11, 2026 at 11:30 am

The undersigned, who is an ordinary member of the Association in good standing hereby appoints

or failing that person

as proxyholder for the undersigned to attend, act and vote for and on behalf of the undersigned at the general meeting of the Association to be held on June 11, 2026, and at any adjournment of that meeting.

Signature

Print Name

Address

Date

NOTE: A proxy must be deposited at the registered office of the Association by email to bappler@cmhamb.ca at least one hour before the start of the meeting. A proxyholder must be a member in good standing.