



## Job Posting

### Indigenous Youth Mental Health Promotion Coordinator

One year term, Full-time

The Canadian Mental Health Association Manitoba and Winnipeg is part of a 100-year-old nation-wide non-profit organization that promotes the mental health of Canadians and supports the resilience and recovery of people experiencing mental illness.

***CMHA Manitoba and Winnipeg is committed to our workforce reflecting the diversity of the communities within which we work. As such, we encourage applications from persons with disabilities, members of visible minorities, First Nations, Inuit, and Métis people, people of all sexual orientations and genders, and others who may contribute to the diversity of our staff. Personal experience with mental illness and or addiction, either through self or a loved one, is an asset.***

#### **The Opportunity**

We have a 1.0 FTE full time, one year term position available for an Indigenous Youth Mental Health Promotion Coordinator to work within CMHA's Recovery College. The CMHA Recovery College offers free mental health and wellness programs and courses that help people build hope, understand their strengths, stay engaged in daily life, and feel more confident.

#### **The Position**

The Indigenous Youth Mental Health Promotion Coordinator is tasked with inspiring and promoting a spirit of mental, emotional, spiritual, and physical and cultural well-being and resilience within their work with students, school educators, school administration, community partners, government, and funding providers. The position is a member of the youth and post-secondary mental health initiatives team, working to strengthen greater reach and influence on Indigenous youth of Manitoba.

The hourly rate for this position falls within Band 5 of the Collective Agreement, ranging from \$27.19 to \$33.09 per hour, based on a 35-hour workweek. Hours may be adjusted to include evenings and weekends when necessary.

#### **The Qualifications**

##### **Required**

- Only candidates who self-identify in their applications as Indigenous, First Nations, Métis, or Inuit will be considered for this role. This is a designated Indigenous competition.
- Post-secondary degree or program in a human service-related discipline such as social work, psychology, sociology, nursing or education. Equivalent education and experience may be considered.
- Two years of experience working with Indigenous youth or Indigenous communities in a school-based or mental health context.
- One year of experience supporting youth with mental health challenges and/or youth at risk.
- Knowledge of diversity among Indigenous cultures, communities, practices, teachings, ceremonies, and traditional healing and wellness approaches.
- Understanding of the historical and ongoing impacts of colonization on Indigenous peoples, and how these affect youth, families, and communities.

- Knowledge of mental health disorders, Harm Reduction principles, and child and youth mental health.
- Knowledge of the Child Welfare System in Manitoba and common issues faced by youth who have been in care or formally in care.
- Competence in cultural safety and works effectively with individuals from various backgrounds.
- Comfortable with technology, including database software (e.g. MS Office, Caseworks, Zoom).
- Facilitation and public speaking skills.
- Must have a valid driver's license and access to a vehicle.
- Effective time management.
- Provided criminal record check with vulnerable sector search and both an adult and child abuse registry check, with results deemed satisfactory to the CMHA.
- Legally entitled to work in Canada.
- Proven history of dependable performance and conduct.

#### **Preferred**

- Lived experience of CFS care, mental health challenges, homelessness or substance use and recovery.
- Indigenous language fluency is an asset.
- Knowledge of community resources (health, mental health, social services) and government service systems.
- Experience working with diverse communities, including 2SLGBTQIA+ youth, newcomer youth, families of colour, and youth with disabilities, within an inclusion and anti-oppression framework.

#### **Total Rewards**

CMHA offers an inclusive and respectful culture along with paid leaves for vacation, illness, bereavement, and mental health. A flexible working environment, supporting work life balance, with paid extended health, dental, employee assistance programming and life insurance benefits. A defined benefits pension plan is equally cost shared between CMHA and the employee, long term disability is 100% employee paid, when eligible. There is annual, budgeted support for professional development. Employees enjoy 12 paid general (statutory) holidays per year as well as a paid closure between December 24<sup>th</sup> at noon up to and including January 1<sup>st</sup>.

#### **The Process**

Please submit your resume and a cover letter, indicating Competition Number **25-124** to [careers@cmhawpg.mb.ca](mailto:careers@cmhawpg.mb.ca). Position is open until filled.

CMHA will respond to requests for reasonable accommodations throughout the selection process. Please connect if you require any accommodations.

#### **VALUES**

Work hard to listen | Support one another | Create strong connections | Be curious | Discover better ways | Focus on impact | Serve with passion | Embrace IDEA – Inclusion, Diversity, Equity, Accessibility | Honour lived experience | Believe it's possible