

## **Job Posting - Expansion Substance Use and Trauma Specialist Full-time**

The Canadian Mental Health Association Manitoba and Winnipeg is part of a 100-year-old nation-wide non-profit organization that promotes the mental health of Canadians and supports the resilience and recovery of people experiencing mental illness.

### **The Opportunity**

We have a **full-time position** available for a **Substance Use and Trauma Specialist** to work within CMHA's **Housing and Community Supports (CHS)**. The CHS team is expanding and developing a comprehensive community housing and wellness support continuum including all three levels of Housing First, including Assertive community Treatment and Rapid Re-housing. Assertive Community Treatment (ACT) is a client-centered, recovery-focused mental health service for people with serious and persistent mental health illnesses.

### **The Position**

The Substance Use and Trauma Specialist works with a team to create and track treatment plans for people dealing with substance use and mental health issues. They do assessments and offer support using different approaches to help individuals choose, get, and keep housing in the community. The goal is to assist individuals in finding housing and meaningful roles in work, learning, and socializing. Observing best practices in privacy, trauma informed approaches, person-centred care, and value alignment with CMHA Manitoba and Winnipeg. A full job description is available on request.

**The salary scale for this position falls within Band 5, \$45,869.88 and \$55,799.34, of the 2021 Collective Agreement, for 35 hours of work per week.**

### **The Qualifications Required**

- Post-secondary degree in a human service-related discipline (e.g., social work, psychology, sociology, or social service education).
- Two years direct service working with individuals experiencing chronic homelessness.
- Knowledge and experience working with people with mental health and addictions issues.
- Knowledge of Housing First, Harm Reduction and Psychosocial Rehabilitation
- Broad understanding of bio-psycho-social issues related to changing mental health and alcohol and/or other drug needs.
- Knowledge of Indigenous experiences of trauma and colonization, cultural healing practices and resources
- Knowledge of issues related to poverty, homelessness, mental health, and addictions and of related systems and community services.
- Knowledge of the impacts of stigma, trauma, and the interaction between mental health and substance abuse disorders.
- Demonstrated knowledge of Stages of Change and Motivational Interviewing

- Works effectively independently, as well as within teams
- Recent satisfactory criminal record check, vulnerable sector check and abuse registries
- Valid driver's license and access to a vehicle.
- Legally entitled to work in Canada.

### Preferred

- Lived experience is an asset.
- Clinical assessment and counselling skills
- Basic understanding of other health disciplines in health care.
- Aptitude for assisting, communicating, problem-solving, advocacy, time management skills, and case management skills.
- Demonstrates competence in cultural safety and works effectively with individuals with various cultural backgrounds.

### Total Rewards

CMHA offers an inclusive and respectful culture along with paid leaves for vacation, illness, bereavement, and mental health. A flexible working environment, supporting work life balance, with paid extended health, dental, employee assistance programming and life insurance benefits. A defined benefits pension plan is equally cost shared between CMHA and the employee, long term disability is 100% employee paid, when eligible. There is annual, budgeted support for professional development. Employees enjoy 12 paid general (statutory) holidays per year as well as a paid closure between December 24<sup>th</sup> at noon up to and including January 1<sup>st</sup>.

### The Process

Please submit your resume and a cover letter by **April 4, 2024**, indicating Competition Number **24-033** to [careers@cmhawpg.mb.ca](mailto:careers@cmhawpg.mb.ca)

CMHA will respond to requests for reasonable accommodations throughout the selection process. Please connect if you require any accommodations.

***CMHA Manitoba and Winnipeg is committed to our workforce reflecting the diversity of the communities within which we work. As such, we encourage applications from persons with disabilities, members of visible minorities, First Nations, Inuit, and Métis people, people of all sexual orientations and genders, and others who may contribute to the diversity of our staff. Personal experience with mental illness and or addiction, either through self or a loved one, is an asset.***

### VALUES

Work hard to listen | Support one another | Create strong connections | Be curious | Discover better ways | Focus on impact | Serve with passion | Embrace IDEA – Inclusion, Diversity, Equity, Accessibility | Honour lived experience | Believe it's possible