

**Job Posting**  
*Rehabilitation and Recovery Specialist*  
*Full Time*

The Canadian Mental Health Association Thompson is part of a 100-year-old nation-wide non-profit organization that promotes the mental health of Canadians and supports the resilience and recovery of people experiencing mental illness.

We have **one full-time** position available for a **Rehabilitation and Recovery Specialist** to work within CMHA Thompson's **Rehabilitation and Recovery Service**. The Rehabilitation and Recovery service helps individuals with mental illness or mental health issues, select, attain, and maintain meaningful roles in the community, such as employees, tenants, or students. Participants bring lived experiences with mental health, addictions, stigma, and discrimination, including racialized and gender-diverse backgrounds. Emphasizing partnership, choice, and hope, the service addresses mental health and addiction challenges.

Rehabilitation and Recovery Specialists collaborate with individuals to co-create personalized service plans, employing a psychosocial rehabilitation approach to support their chosen recovery goal. Responsibilities involve ongoing assessment, intervention, and support to enhance an individuals' capacity for success in their chosen environments. The role includes stakeholder and community engagement, teamwork, collaboration, assessment, planning and support. Observing best practices in privacy, trauma informed approaches, person-centred care and value alignment with CMHA Thompson. A full job description is available on request.

The successful candidate will work **Monday to Friday from 8:30 a.m. to 4:30 p.m.** for 35 hours per week.

**Skills and Qualifications**

- 3-year post-secondary degree in a human service- related discipline such as social work, psychology, or nursing
- Two years' experience in a community-based mental health or addiction related setting
- Strong oral and written communication skills
- Proficiency in Microsoft Office
- A valid class 4 or 5 driver's license (or willing to obtain within a specified period of time)
- Provide a Vulnerable Sectors Criminal Record Check .
- Are legally entitled to work in Canada.
- Acceptable work record
- Aptitude for assisting, communicating, problem-solving, advocacy, and time management skills
- Clinical assessment and counselling skills, Motivational Interviewing experience.
- Demonstrates competence in cultural safety and works effectively with individuals with various cultural backgrounds.
- ASIST, MHFA, CBT and Case management experience (or willing to obtain within a specified period of time)

CMHA offers an inclusive and respectful culture along with paid leaves for vacation, illness, bereavement, and mental health. A flexible working environment, supporting work life balance, with paid extended health, dental, employee assistance programming and life insurance benefits. A provide a registered pension plan that is cost shared between CMHA and the employee.

**Please submit your resume with cover letter to:**

Mitchelle Kelly  
Chief Executive Officer  
CMHA Thompson  
Phone: 204-677-6052  
Email: [director@cmhathompson.ca](mailto:director@cmhathompson.ca)

***Please keep in mind that only those selected for an interview will be contacted, and that we are unable to respond to phone inquiries.***

***CMHA Thompson is committed to our workforce reflecting the diversity of the communities within which we work. As such, we encourage applications from persons with disabilities, members of visible minorities, First Nations, Inuit, and Métis people, people of all sexual orientations and genders, and others who may contribute to the diversity of our staff. Personal experience with mental illness and or addiction, either through self or a loved one, is an asset.***