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## REHABILITATION AND RECOVERY SERVICE

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### Instructions for Completing Application

#### Applicants need to:

1. Be 18 years of age or older.
2. Have a primary psychiatric diagnosis or a co-occurring disorder (psychiatric diagnosis and substance use).
3. Be dissatisfied with or unsuccessful in their living, working, learning, or socializing role.
4. Be interested in participating in goal-oriented work towards recovery. This involves developing skills, connecting with resources, and regaining or discovering valued life roles.
5. Be open to the idea of change i.e. thinking, behaviour.
6. Live in Winnipeg.

#### Application process consists of:

- Completion of an Application (attached) by person who is applying for service.
- Submission of one Clinical Reference on provided form.
- After receiving the Application and the Clinical Reference, we will contact the Applicant to set up an intake.
- Completion of intake assessment with Intake Worker.

#### Clinical Reference:

- The reference should be completed by someone who has knowledge of the clinical aspects of the applicant's mental health condition and has a professional relationship with the applicant. Examples: General Practitioner, Psychiatrist, Mental Health Worker, Social Worker, Therapist, Occupational Therapist, Counsellor, Psychiatric Nurse, Nurse Practitioner.
- The Applicant completes the release of information section at the top of the Clinical Reference form (first page) prior to having the form completed by the reference.
- Clinical Reference should be returned to CMHA Rehabilitation and Recovery Service by the person completing it, by fax: (204) 982-6128, mail: 930 Portage Ave. R3G 0P8 or email: [hub@cmhawpg.mb.ca](mailto:hub@cmhawpg.mb.ca).

Should you have any questions please call 204-775-MH4A (6442)